

TABLE OF CORRESPONDENCES

CHAKRA	ONE	TWO	THREE
Sanskrit Name	Muladhara	Svadhithana	Manipura
Meaning of Name	root/support	Sweetness	lustrous jewel
Location	Perineum	Lower abdomen	Solar Plexus
Element	Earth	Water	Fire
Energy State	solid	liquid	plasma
Psychological			
Function	survival,	desire,	will
Resulting in:	grounding,	sexuality,	power
Emotion	stillness	tears	laughter, anger, joy
Glands	adrenals	ovaries, prostate, test., womb, genitals, kidneys, bladder	pancreas, adrenals musculature, digestive ulcers, diabetes, hypoglycemia
Other assoc. body parts	legs, bones, large int.	impotence, frigidity, uterine, bladder	
Malfunction	obesity, hemorrhoids, constipation, freq. illness	trouble	
Color	red	orange	yellow
Seed sound	lam	vam	ram
Vowel sound	o as in rope	oo as in due	ah as in father
Tarot suits	pentacles	cups	wands
Sephiroth	Malkuth	Yesod	Hod, Netzach
Planets	Saturn, Earth	Moon	Mars/Sun
Petals	4	6	10
Letters of the Petals	vam, sam, sam, sam	bam, bham, mam, yam, ram, lam	dam, dham, nam, tam, tham, dam, dham, nam, pam, pham
Deities* Saints, Angels, etc. (just a few)	Brahma, Gaia, Lakshmi, Auriel	Diana, Neptune, Pan, Gabriel	Amon-Ra, Brigit, Athene, Michael
Metals	lead	tin	iron
Foods	proteins, meats	liquids	starches
Corr. Verbs	I have	I feel	I can
Geometries	point	line	plane
Seasons	winter	spring	summer
Yoga path	hatha	tantra	karma
Herbs* (incense)	cedar	orris root, gardenia	camation
Gemstones	lodestone, ruby, garnet	coral	amber, topaz
Gunas	tamas	tamas	rajas

*More thorough listings may be included in the individual chapters.

TABLE OF CORRESPONDENCES, Continued

FOUR	FIVE	SIX	SEVEN
Anahata unstruck heart Air gas	Visshudha purification throat Ether/Sound vibration	Ajna to perceive forehead Light image	Sahasrara Thousandfold Top of head Thought information
love balance compassion	communication creativity connection	intuition imagination dreaming	understanding knowing bliss
thymus	hypothalamus, thyroid	pineal	pituitary
lungs, heart, arms, hands asthma, high blood pressure	throat, ears, arms, hands, mouth thyroid, flu, neckache	eyes blindness, headaches, nightmares	CNS cerebral cortex depression, alienation, confusion
green sam, yam ay as in play swords	blue ham ee as in see lamps	indigo om mmm, nnn	violet — ngngng as in sing
Tiphareth Venus 12	Geburah, Chesed, Mercury, Neptune 16 A A I T U U R R L L E A I O AU AM AH	Binah, Chokmah Jupiter 2 KSAM, HAM	Kether Uranus 1000
kam, kham, gam, gham, ham, cam, cham, jam, jham, kam, tam, tham	Mercury, Saraswati, Apollo, Hadit	Tara, Isis, Themis	Zeus, Shiva, Nut, Inanna
copper vegetables I love solid fall	mercury fruits I speak ? ?	silver mind-alt. substances I see ? ?	gold fasting I know ?
bhakti lavender, jasmine emerald, tourmaline rajas or sattva	mantra Frankincense, Benzoin turquoise rajas	yantra Mugwort Star Anise lapis, quartz sattva	Jnana lotus, Gotu kola amethyst, diamond sattva